



International Charities

Briefing Book 2022

International Charities

#	Nation	Charity Organization	Name of Project	Total Project Cost (€)
1	Czechia	Mobilní Hospic Ondrášek	At Home Till the End	14,391
2	Serbia	Kraljevo Association for Helping People with Autism	Inclusive Playground	9,248.75
3	Slovenia	Društvo Namesto Pike Vejica	Another 'Comma' in the Life of Children with Disabilities	26,100
4	Republic of North Macedonia	CEPAC-Skopje	In Favour of a Better Life	7,290
5	Portugal	Associação Saúde Mental Médio Tejo	Training Unit for the Autonomy of Independent Living	8,042.96

6	Portugal	Meninos de Oiro	Wind Rose Social Clinic	9,969
7	Armenia	Mandate for the Future	Empowering Women through Vocational Education	9,210
8	Bosnia and Herzegovina	SPCO – Carica Milica	Count on Us 2023	6,389
9	Lithuania	VšĮ “Namai visiems”	Home for All	10,000
10	Montenegro	NVO “Žene Bara”	Empowering Women in Society	7,848
11	Hungary	Geszterédi Aranyszablya Társaság Alapítvány	Promoting Healthy Living, Historic Heritage Preservation, and Media Education	6,178.30
12	Romania	Redpoint Archery Club	Teammate, Coach, and Mentor! Interactive workshops for children and youth from vulnerable communities.	8,921
13	Czechia	Podane Ruce (Helping Hands)	Canis Therapy – Treatment with Dog Love	9,800
14	Slovenia	Plavalni Klub Slovenske Konjice	Parafreediving - The parallel world of breath-hold diving for people with disabilities.	16,910
15	Slovakia	Antistres Centrum	Golden Hands Marked by Time	9,693
16	Bosnia and Herzegovina	Volleyball Club "Volero" Pale	OK "Volero" Pale	9,000
17	Hungary	Holnapocska Public Non-profit Ltd	The Power of Togetherness – An adventure-based therapy day event.	12,500

18	Republic of North Macedonia	Association Scout Troop Pioneer Ohrid	Children and the Laws of Nature	7,000
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1. Mobilní Hospic Ondrášek

Project name: At Home Till the End

URL: www.mhondrasek.cz



Total project cost: € 14,391

Amount proposed: € 9,209

Mission and Project Summary:

The purpose of this project is to provide terminally ill children and their parents, who find themselves in a difficult life situation, the best conditions available, so that the terminally ill child can spend the last period of their life at home, with their family. The project serves the age group up to 18 years old. The objectives of this project are alleviating the impact of disease and pain, facilitating respiration, improve positioning, and provide psychological support.

Target and number of beneficiaries: 15 to 20 children and their parents.

2. Kraljevo Association for Helping People with Autism

Project name: Inclusive Playground

URL: <https://autizamkv.wordpress.com>



Total project cost: € 9,248.75

Amount proposed: € 9,248.75

Mission and Project Summary:

This project would like to build playground facilities where people with all levels of abilities can play together. It plans to extend the yard of the local Day Care Centre with a tartan trail, equipment that disabled people are also able to use, as well as a cottage to organize activities. The Inclusive Playground will be a universally designed, sensor-rich environment that enables persons of all levels of abilities to develop physically, socially, and emotionally, going beyond the minimum standards of accessibility and promoting a truly inclusive experience, so everyone at the playground can feel like they belong.

Target and number of beneficiaries: Over 300 children and adults with disabilities; at least 50 families.

3. Društvo Namesto Pike Vejica

Project name: Another 'Comma' in the Life of Children with Disabilities

URL: www.namestopikevejica.si



Total project cost: € 26,100

Amount proposed: € 9,987.20

Mission and Project Summary:

The goal of the proposed project is to ensure weekly quality neuro-physiotherapy sessions for children that are members of this association, for at least half a year. The therapy provided by the state's health system is not enough to at least maintain an already reached level of development. In order to maintain the strength and progress achieved in therapies, the children also use a medical device called Motomed. This device is portable and can be used at home. The association currently owns one such device, but it would need at least one more, to ensure that as many children as possible can benefit of such in-home strength training, to maintain their mobility gained during neuro-physiotherapy. Therapy sessions and Motomed will help children make progress in their healing process, or at least maintain the level of development they have already reached, and so put another 'comma' on their path to a more independent life.

Target and number of beneficiaries: 31 children facing developmental disorders (cerebral palsy, epilepsy, mental disorder, autism).

4. CEPAC-Skopje

Project name: In Favour of a Better Life

URL: <http://cepacsk.org>



Total project cost: € 7,290

Amount proposed: € 6,300

Mission and Project Summary:

The organisation will prepare and accomplish a comprehensive project for youth with disabilities, including with elements of autism, together with parents-volunteers. The project includes a horse club and zoo for sports training and horse riding. The project will be conducted in partnership with Sport Center VITEZ 2010, a city association for youth with disabilities, and the ZOO/Equestrian Club. Through proper structuring and organization of basic sports activities, including therapeutic sports riding, the programme's innovative content improves basic components of quality of life for participating people. It also involves designing a unique special ladder for horse riding, which will be the only one in the country.

Target and number of beneficiaries: 120 children and people with disabilities.

5. Associação Saúde Mental Médio Tejo

Project name: Training Unit for the Autonomy of Independent Living

URL: www.asmmt.org



Total project cost: € 8,042.96

Amount proposed: € 8,042.96

Mission and Project Summary:

The Mental Health Association of Middle Tagus (Médio Tejo) develops its activities with a special focus on the Middle Tagus region. Many people with mental illnesses find themselves dependent on others to perform or learn countless day-to-day tasks. If they do not have the support to carry out these tasks (which can be as basic functions as personal hygiene or food), these people with functional diversity are excluded from any process of social participation on equal terms. The charity's goal is to create a unit with characteristics similar to a home, allowing the development of personal skills and daily activity, such as cooking, ironing, washing, tidying. The project will create a communal psychosocial rehabilitation service for people with severe mental illnesses, and will provide this population with personal and social skills, promoting social inclusion.

Target and number of beneficiaries: 50 people with severe mental illnesses, such as depression disorder, psychosis, schizophrenia, personality disorder, and bipolar disorder, aged between 18 and 65 years, who benefit from a disability pension or are unemployed.

6. Meninos de Oiro

Project name: Wind Rose Social Clinic

URL: www.meninosdeoiro.org



Total project cost: € 9,969

Amount proposed: € 9,969

Mission and Project Summary:

Meninos de Oiro is a non-profit social organization that was created in Azeitão, Setúbal, Portugal. This association was founded with the mission of protecting children's rights and promoting the improvement of parental responsibilities. This project is a response to the serious lack of local therapies (including psychiatric, psychologic, or speech therapy) at affordable prices. The objective of the project is transforming and equipping an existing space (a garage), turning it into a Social Clinic. This charity is the only local civil society organization that develops this specialized service in order to ensure the rights of children in danger or at risk.

Target and number of beneficiaries: 20 to 100 people, children and their families.

7. Mandate for the Future

Project name: Empowering Women through Vocational Education

URL: <https://www.facebook.com/mof.yngo>



Total project cost: € 9,210

Amount proposed: € 9,210

Mission and Project Summary:

Mandate for the Future is a non-governmental organization with the mission to provide life skills, business skills, social skills, and humanistic attitudes, as well as innovative resources to advance the development of youth, families, and communities. The project aims to provide young women with life skills, including what to do when they face domestic violence, and how to get on their own feet, find employment, and establish themselves in society. The objectives are to provide social entrepreneurship skills, help people gain confidence for getting up on their feet and starting their lives over, increase the probability of getting a job using the knowledge gained through the project, and to create a platform for sharing problems and finding common solutions.

Target and number of beneficiaries: The project will provide courses on law, social entrepreneurship, social skills, and business skills to one to two people.

8. SPCO - Carica Milica

Project name: Count on Us 2023

URL: Not provided.



Total project cost: € 6,389

Amount proposed: € 2,740

Mission and Project Summary:

Through socializing and joint educational workshops, the organisation intends to help people with social difficulties in the municipality of Derventa, to improve and enhance their working abilities, their knowledge, and daily skills, raise the level of their physical and mental strength, improve their living conditions and encourage them to raise self-confidence and be aware of their social environment. The specific objective of this project is to organise 15 educational and creative workshops where the members of the Association (volunteers) will produce pieces of art to be sold and raise funds. The funds will help the most vulnerable parts of society, providing them humanitarian aid and care. The project will be realized in eight months. Volunteers will be involved in the realization of each phase of the project.

Target and number of beneficiaries: Approximately 400 people.

9. VŠĮ "Namai visiems"

Project name: Namai Visiems (Home for All)

URL: Not provided.



Total project cost: € 10,000

Amount proposed: € 10,000

Mission and Project Summary:

VŠĮ "Namai visiems", 'Home for All', in Šakiai is a non-governmental organization, which provides social services to residents of the town of Šakiai, as well as Šakiai district. Older people are at great risk of social exclusion. The aim of the project is to reduce social exclusion and engage senior people in social activities. Moreover, the project aims to improve the physical, emotional, and mental health of senior people. The organisation also provides assistance in daily activities. The project addresses complex issues related to physical health, psychological health, and social phenomena. The project includes services for seniors and people with disabilities, including dance lessons, sport activities, transport, and catering services. Volunteers will be involved in the implementation of the project.

Target and number of beneficiaries: 100 senior people with disabilities.

10. NVO “Žene Bara”

Project name: Empowering Women in Society

URL: <https://www.facebook.com/zenebara/>



Total project cost: € 7,848

Amount proposed: € 7,608

Mission and Project Summary:

Žene Bara organizes classes for knitting, embroidery, wool felting, and cooking, to educate women in need, helping them to find a job or hobby. The project aims to collect funds to acquire materials, hire teachers, and buy refreshments to support the classes. It plans to organize a charity bazaar for selling the products and continue with other projects. The project is located in a touristic place, which provides a great opportunity to sell products as souvenirs.

Target and number of beneficiaries: 70 people.

11. Geszterédi AranySzablya Társaság Alapítvány

Project name: Promotion of Healthy Living, Historic Heritage Preservation and Media Education

URL: www.geszterediaranyszablya.hu



Total project cost: € 6,178.30

Amount proposed: € 6,178.30

Mission and Project Summary:

The mission of the Foundation is to share the heritage of the Golden Sabre ('AranySzablya' in Hungarian) and other archaeological artefacts from the era of the Hungarian conquest of the Carpathian Basin discovered in the village of Geszteréd. The aim of the Foundation is to promote healthy living, to preserve cultural heritage, and to nurture local traditions for young and old alike. It organizes yearly camps to introduce school children, young people, and adults to a healthy lifestyle, discovering nature's edible plants, and observing nature while making short films/documentaries. The association has already made portrait films about the elderly people in the village. This Foundation considers these documentaries important for posterity. So far the means to produce them have been limited, and the objective of this project is to produce more professional documentaries by buying a computer and software for quality editing and producing.

Target and number of beneficiaries: Approximately 2,000 people.

12. Redpoint Archery Club

Project name: Teammate, Coach and Mentor! Interactive workshops for children and youth from vulnerable communities.

URL: <http://www.tircuarcuoradea.ro/>



Total project cost: € 8,921

Amount proposed: € 8,921

Mission and Project Summary:

The rural areas are a real nursery for talents, but children and young people from disadvantaged communities (orphans, young people in foster care, or those affected by poverty or living in remote rural areas) have a systemic deficit in terms of extracurricular activities. The project's main goal is to emancipate them from social determinism by improving their level of education, intellectual potential, and health, while socializing them through sport.

Target and number of beneficiaries: 2,000 children and young people from vulnerable communities, including people with disabilities.

13. Podane Ruce (Helping Hands)

Project name: Canis Therapy – Treatment with Dog Love.

URL: <http://canis.podaneruce.eu/>



Total project cost: € 9,800

Amount proposed: € 8,000

Mission and Project Summary:

The purpose of this project is to provide veterinary care, food, special harnesses, and aids for certified therapy dogs. The NGO's volunteers perform therapy with dogs, which is called Canis Therapy. This therapy motivates people to increase physical activity, develop fine and gross motor skills, relieves anxiety, feelings of loneliness, depression, and stress, providing a sense of security and safety. The NGO focuses primarily on clients with cerebral palsy, muscular dystrophy, and the mentally handicapped.

Target and number of beneficiaries: Approximately 3,000 people.

14. Plavalni Klub Slovenske Konjice

Project name: Parafreediving – The parallel world of breath-hold diving for people with disabilities.

URL: www.iahd-adriatic.org, www.sprehodipodmorjem.si



Total project cost: € 16.910

Amount proposed: € 9,910

Mission and Project Summary:

The project is intended for the development of education and the expansion of parafreediving for people with disabilities in Slovenia. In the period of one year, the project plans to develop therapeutic parafreediving to the recreational and competitive level in the area of static and dynamic apnea. It aims to train 30 parafreedivers and 20 assistants, and organize competitions where, in order to get maximum inclusion, non-handicapped free divers will also attend. One of the most important didactic tools for working with divers with disabilities is the underwater photo camera with recording capability, so people with disabilities can see what is happening to their body while swimming, with the help of photos and videos on-screen, immediately after the exercise. This is the basis for corrections on the therapeutic, recreational, and competitive levels. For instance, people with spinal cord injuries do not feel where their legs are, and they cannot feel what they are doing while swimming.

Target and number of beneficiaries: 80 people with disabilities.

15. Antistres Centrum

Project name: Golden Hands Marked by Time

URL: Not provided.



Total project cost: € 9,693

Amount proposed: € 9,693

Mission and Project Summary:

The project focuses on therapeutic techniques for seniors. It uses techniques like fractal drawing, painting on glass, silk, textiles, painting with acrylic, oil, and making sculptures from paverpol and clay. Fractal drawing is an energetic drawing, drawn with the eyes closed and colouring according to certain rules; it activates various parts of the brain in addition to the ones people normally use. The project uses the proposed techniques to exercise both hemispheres of the brain and practice fine motor skills. The process of creation will be done in a group and individually. At the end of the project, Antistres Centrum will organize an exhibition of the artwork created.

Target and number of beneficiaries: 50 people (people with disabilities; seniors).

16. Volleyball Club "Volero" Pale

Project name: OK "Volero" Pale

URL: Not provided.



Total project cost: € 9,000

Amount proposed: € 9,000

Mission and Project Summary:

The project is to provide sports equipment for many volleyball training courses, to ensure the proper growth and development of children. The charity plans to purchase balls, equipment for sports ground, and sports equipment (such as jerseys, sweat suits, kneepads). In the first season of project implementation, 60 children will use the equipment, but all the equipment acquired through the project will continue to be used in the following years. The children do not pay for the training courses, as the charity provides these through donations.

Target and number of beneficiaries: 60 children, 7 to 11 years, with development issues.

17. Holnapocska Public Non-profit Ltd

Project name: The Power of Togetherness – An adventure-based therapy day event.

URL: www.holnapocska.hu



Total project cost: € 12,500

Amount proposed: € 10,000

Mission and Project Summary:

The project will organize a one-day adventure park visit for 200 children recovering from serious illnesses or living in foster homes. The objective of this project is to host a hybrid one-day gathering event for 200 people. This is a one-day experience in the adventure park with games, guided programs, lunch, and refreshments. The group of children will experience the most valuable human aspects: love, compassion, and togetherness.

Target and number of beneficiaries: 200 children.

18. Association Scout Troop Pioneer Ohrid

Project name: Children and the Laws of Nature

URL: Not provided.



Total project cost: € 7.000

Amount proposed: € 6.900

Mission and Project Summary:

The project will organise three camps, each lasting three days (a total of nine days in nature), for children aged 12 to 14, from the rural municipality of Debrca. Each camp will host 20-25 children. The main goal is to teach young people to stay safe in nature and to have the right attitude towards ecology and environmental protection, as well as to learn how to help themselves and help others in nature. With the help of practical presentations of eminent experts they will gain knowledge on how to properly prepare and stay in nature, and how to behave to avoid environmental encroachment, as well as how to recognize weather conditions and move safely in the wild. This will include field orientation, learning self-help skills, studying the environment, learning about local plants and animals, and learning how to take ecological action at their place of residence through waste collection.

Target and number of beneficiaries: 70 people aged 12 to 14.